

**TABLE 8.5** Twelve-Month Prevalence for Anxiety Disorders Worldwide

	ANY ANXIETY DISORDER		ANY MOOD DISORDER	
	%	(SE)	%	(SE)
<i>I. WHO Region: Pan American Health Organization (PAHO)</i>				
Colombia	14.4	(1.0)	7.0	(0.5)
Mexico	8.4	(0.6)	4.7	(0.3)
United States	19.0	(0.7)	9.7	(0.4)
<i>II. WHO Region: African Regional Office (AFRO)</i>				
Nigeria	4.2	(0.5)	1.1	(0.2)
South Africa	8.2	(0.6)	4.9	(0.4)
<i>III. WHO Region: Eastern Mediterranean Regional Office (EMRO)</i>				
Lebanon	12.2	(1.2)	6.8	(0.7)
<i>IV. WHO Region: European Regional Office (EURO)</i>				
Belgium	8.4	(1.4)	5.4	(0.5)
France	13.7	(1.1)	6.5	(0.6)
Germany	8.3	(1.1)	3.3	(0.3)
Israel	3.6	(0.3)	6.4	(0.4)
Italy	6.5	(0.6)	3.4	(0.3)
Netherlands	8.9	(1.0)	5.1	(0.5)
Spain	6.6	(0.9)	4.4	(0.3)
Ukraine	6.8	(0.7)	9.0	(0.6)
<i>V. WHO Region: Western Pacific Regional Office (WPRO)</i>				
PRC	3.0	(0.5)	1.9	(0.3)
Japan	4.2	(0.6)	2.5	(0.4)
New Zealand	15.0	(0.5)	8.0	(0.4)

Note: SE: standard error.

Source: Kessler et al. (2009).

**Thought Question:** What do we know about the prevalence rates of anxiety disorders across the life span and around the world?